

Ontario contd.

Dancing suitable to High School students was shown by Miss H. Bryans, Ontario College of Education, by a group from that College.

Clog Dances were given by a group of girls from the Jarvis Collegiate, under Miss Frances Stinson of that Institution.

Display and discussion on Gymnastic Costumes by Miss Florence Somers, Margaret Eaton School.

"Corrective and Preventive Physical Education", J. Madsen, Toronto Water Games, Students of Margaret Eaton School.

While so many teachers of physical education were in Toronto attending the Ontario Educational Association Convention, two special courses were offered--German Gymnastics, by Miss Pepler, and Gymnastic and Folk Dancing, by Mr. Madsen.

Summer Courses in Physical Education: Material in courses both in Canada and other countries has been compiled, and may be obtained from Miss Hyde, Orillia High School, Orillia, Ontario, at a nominal price. All members planning to study during the coming summer, will find some helpful information from this study.

QUEBEC:

The Quebec Physical Education Association held two interesting meetings this term. In February, Miss Helen Bryans, of the Ontario College of Education, was the guest speaker. She gave an excellent talk on "Trends in Physical Education in Canada", with particular emphasis to the programme in Ontario.

In March the meeting was devoted to Camps, with speakers on the following subjects:

Archery--Its Possibilities as a Handicraft, Major D.S. Forbes
McGill University.

Necessary Camp Regulations, Mr. A. Edmison, Taylor Stratton Camp
Camp Swimming Programme, Mr. B. Strenger, Camp Nominique.

Hiking, Mr. MacDermott, YMCA Camp.

Piping in the Music and Handicraft Programme, Miss Blanchard
of the English Piping Guild.

A Demonstration of Physical Education was held in March, at McGill University, under the auspices of the Departments of Physical Education at McGill, and the Protestant Board of School Commissioners, of the City of Montreal. The programme showed a variety of activities suited to the boy and girl from six years

NEW PUBLICATIONS

- Burns, C. Delisle Leisure in the Modern World, Century Co.,
New York City, 1932. \$2.50
- Cureton, T.K. How to teach Swimming and Diving, Assoc. Press.
347 Madison Ave. New York, 1933, \$3.00.
- Etheredge, Maude E. M.D., Health Facts for College Students.
McAinsh & Co. Ltd. 388 Yonge St. Toronto,
1933, \$3.50.
- Gsoell, Fred L. Helpful Hints for Swimmers, 38 King Street,
Hartford, Conn., 1933, 25 cents.
- Lambkin, Nina B. Good Times for all Times, A Cyclopaedia of
Entertainment. Published by Samuel French,
25 - W. 45th St., New York City, 1933, \$4.00.
- Lies, Eugene T. and The New Leisure Challenges the Schools,
Finley, John H. National Education Assoc. Washington, D.C.
1933, \$2.00
- McCulloch, S.H. Gymnastics, Tumbling, and Pyramids, McAinsh and
Co., Ltd., Toronto, 1934, \$2.35.
- National Council YWCA, 123 College St., Toronto, 2.
Health Plays and Booklets, "Gym. and Jerry"
65 cents. "Charm by Choice" 65 cents.
"Happy's Vanity Case", 65 cents.
- Post, Julia H. and Selected Recreational Sports. Geo. M. Hendry, Co.
Shirley, Mabel J. 129 Adelaide St. Toronto, 1932. \$2.00.
- Rohrbough, Lynn and Games We Like Best. Harper & Brothers,
Katherine New York, 1931, \$2.00.
- Schleman, Helen B. and Group Golf Instruction. Geo. M. Hendry Co.,
Hayes, Virginia Toronto, 1934, \$1.00.

BOOK REVIEWS

"Selected Recreational Sports", by Julia H. Post and Mabel J. Shirley, is written in recognition of a very important need--a games book in a fairly new and very flourishing branch of activity which emphasizes strategy and technique rather than the technicalities of rules.

In selecting the eight sports analyzed there has been no suggestion of limiting the field of activities which may be provided for two or three or four participants in a small space, but rather to promote general interest in its growth and popularity.

The book is written primarily for teachers of Physical Education and pre-supposes a knowledge of the rules for the games. It provides the teacher who has had only a rule book to guide her, with material for the development of the techniques and skills which go to make the activities educational and of lasting interest to the individual.

Such suggestions together with diagrams of the playing courts; lists of equipment, its source and care, are given for Deck Tennis, Horse-shoe Pitching, Badminton, Table Tennis, Shuffleboard, Clock Golf, Paddle Tennis, and Tether Ball. Explanations are clearly and concisely given and accompanied by excellent illustrations. The final chapter treats the "Organization of the Recreational Sports Program" with workable suggestions for the institution and carrying out of such a programme.

Elizabeth Wardley,
Margaret Eaton School
Toronto, Ont.,

GROUP GOLF INSTRUCTION. Helen B. Schleman and Virginia Hayes.
Geo. M. Hendry & Co. Toronto, \$1.00.

One of the major aims of physical education is to teach activities which will have a carry-over value into adult and social and recreational life. One of these activities is golf. It has been evident during recent years that most directors of physical education feel that they are not qualified to teach even the rudimentary elements which are essential in the game of golf. This book is to meet this difficulty.

The authors have treated the material in a very commonsense manner. The book is concerned with group golf instruction which may be used in schools, YMCA's, YWCA's, Colleges, and Universities.

The first two chapters give a general outline of what a typical game of golf is like and how the golf programme should progress. Succeeding chapters give in detail the chief elements in putting, the chip shot, mashie shots, iron shots, and wood shots. These comments are made in the logical order of grip, body position and swing. There are interesting chapters on etiquette, equipment, preliminary games, and coaching hints.

The book is invaluable to the teacher who contemplates a programme of golf instruction.

J. G. Lang,
Supervisor of Physical Education,
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March 19th, 1934.

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OUT TO WIN

No matter how little he's getting,
No matter how little he's got,
If he wears a grin, and is trying to win,
He is doing a mighty lot.
No matter how humble his job is,
If he's striving to reach the crest,
The world has a prize for the fellow who tries -
The man who is doing his best.

The fellow who never surrenders,
And is taking things as they come;
Who never lets go of his work or his smile
When the whole world's looking glum,
The fellow who stays to the finish,
That nothing can hinder or stop,
And who works like sin, is the chap who'll win,
And some day he'll land on top.

He expects to encounter hardships,
And be given a knock or two;
It's part of the "game", but just the same
He's going to see it through.
And those who have won will welcome him -
The ones who have reached the crest,
And they're holding out hands, till he safely lands,
To the man who is doing his best.

James E. Hungerford.



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